






























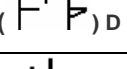










FICHE DE NOTATION ML IMPOSE JEUNESSE 1'30

Nom, Prénom :

























	Niveau	Descriptif	Dessin	Symbole	Valeur	Juge
Diff 1	N 1	Onde latérale			0,10	
	N 2	Onde latérale			0,10	
Diff 2	N 1	Pivot retiré en dedans (1 tour)			0,10	
	N 2	Pivot retiré en dedans (2 tours)			0,30	
Diff 3	N 1	Penché antéropostérieur (avec mains)			0,10	
	N 2	Penché antéropostérieur (sans main)			0,20	
Diff 4	N 1	Equilibre attitude			0,20	
	N 2	Equilibre arabesque			0,20	
Diff 5	N 1	Saut de biche			0,20	
	N 2	Saut enjambé			0,30	
Diff 6	N 1	Cambré à genou			0,10	
	N 2	Relevé dorsal			0,30	
Diff 7	N 1	Saut biche boucle			0,40	
	N 2	Saut biche cambré			0,50	
Diff 8	N 1	Equilibre horizontal			0,20	
	N 2	Equilibre horizontal 2de+équilibre retiré (sans reprise d'appui)			0,40	
Diff 9	N 1	Pivot attitude (1/2 tour)			0,10	
	N 2	Pivot attitude (1 tour)			0,30	
Diff 10	N 1	Boucle avec aide <u>pied à plat</u>			0,10	
	N 2	Grand écart dorsal avec aide <u>pied à plat</u>			0,20	

Total Difficulté / 1,6 à 2.8

Note du juge :

FICHE DE NOTATION ML IMPOSE JEUNESSE 45"

Nom, Prénom :

	Niveau	Descriptif	Dessin	Symbole	Valeur	Juge
Diff 1	N 1	Onde latérale		 A	0,10	
	N 2	Onde latérale		 A	0,10	
Diff 2	N 1	Pivot retiré en dedans (1 tour)		 A	0,10	
	N 2	Pivot retiré en dedans (2 tours)		 C	0,30	
Diff 3	N 1	Penché antéropostérieur (avec main)		 A	0,10	
	N 2	Penché antéropostérieur (sans main)		 B	0,20	
Diff 4	N 1	Equilibre attitude		 B	0,20	
	N 2	Equilibre arabesque		 B	0,20	
Diff 5	N 1	Saut de biche		 B	0,20	
	N 2	Saut enjambé		 C	0,30	
Diff 6	N 1	Cambré à genou		 A	0,10	
	N 2	Relevé dorsal		 C	0,30	

Total Difficulté /0,8 à 1,4	Note du juge :
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